LENGTH: 2.5 hours

1. ORIENTATION DESCRIPTION

This orientation package focuses on general information related to COVID-19 and WASH behaviors to prevent the disease itself. The orientation package is build up at the context of COVID-19 and lockdown situation to mitigate the transmission of the Corona Virus through various WASH behaviors. The package also focuses on using mask, surface disinfection and social behaviors like social distancing as other preventive measures of transmission of COVID-19.

In the orientation, along with all, the cross cutting issue of gender is also highlighted in the awake of COVID-19 and stress management activities to mitigate tension during the lockdown period.

2. OBJECTIVES

Upon completion of the orientation, participants will be able to:

- Discuss detail information on COVID-19 and its outbreak
- Suggest essential WASH behaviors for preventing the transmission of COVID-19
- Explain other preventive activities for COVID-19

3. PARTICIPANTS

The orientation is targeted towards WASH professionals such as field officers and project coordinators who are directly engaged with frontline workers like community mobilizer and field supervisors. Also, frontline workers can be benefited from this orientation.

4. METHODS OF INSTRUCTION

This is online based orientation and it is targeted to deliver through the use of various online applications such as zoom, miro, teams, etc. This orientation includes different activities like polling, small group discussion, question and answer and video shows which make this orientation interactive and participatory rather than one way delivery.

5. CONTENT

The following is a list of the topics to be covered in the Workshop.

- Into to COVID 19, Corona virus and current status
- Comparison of SARS, MERS and COVID-19
- Role of preventive measure to slow down the spread
- Survival of Coronavirus on different surfaces
- Phases of COVID-19 transmission
• Risk of COVID-19 transmission from health workers
• Testing for COVID-19
• Essential WASH behaviors
• COVID focused hand washing and platform
• Hand and Respiratory Hygiene
• High touch surface and its disinfection
• Types of mask and its use
• Chlorine as a disinfectant
• Lockdown and Social Distance
• 0.5% chlorine solution preparation and its use
• Health care waste management
• Individual and Government Action in COVID-19
• Maintaining equity during COVID-19 response
• Tips for stress management
• Call for Action

6. FACILITATORS

All the sessions will be facilitated by two facilitators from ENPHO Training Centre and the recording will be available to participant for further use to cascade the information to frontline workers.

7. EXPECTED OUTPUT

The participant will be able to following activities after participating the orientation facilitated by ENPHO trainers;

• Briefly explain the COVID 19 including phased and route of transmission.
• Suggest basic preventive WASH behaviors to stop wide spread of COVID.
• Provide detail information on key WASH behaviours.
• Provide information about government and local government initiations.
• Commitment from participant for prompt doable action.

For Further Detail

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