

CAPACITY BUILDING

Strengthening Local Actors to be Effective Change Agents

ENPHO is continuously striving to improve access to safe drinking water, promote sustainable sanitation systems and enhance hygienic behavior of the people. As one of the crucial factors to meet these objectives, ENPHO focuses on transferring knowledge and skills at both international and national levels through various capacity building programmes. Since 2015, ENPHO Training Centre unit of ENPHO is dedicated to design and deliver professional trainings and capacity building programmes for the community and the organizations working in the areas of Water, Sanitation and Hygiene (WASH).

In continuation of this effort, ENPHO Training Centre, with the support of CAWST, has been implementing the project *“Reconstruction and Resilience of WASH Services through Capacity Building in Nepal”* since January 2017. This project aims to empower and enhance the capacity of local organizations to effectively deliver the WASH messages and influence the community for behavior change.

About CDC Nepal

CDC Nepal, a non-governmental organization, was established in 2008 with the commitment of bringing positive changes in the lives and livelihood of the poor and disadvantaged communities in Nuwakot through economic and social empowerment and establishing partnership and coordination amongst community, government and non-government agencies. CDC Nepal works in the sector of health, WASH, education, child protection, shelter, livelihood, natural resource management, climate change, governance and peace building.

Capacity Building Programs for CDC Nepal

ENPHO Training Centre trained the staff members of CDC Nepal on ‘Total Sanitation’, ‘Community Health Promotion’, ‘Water Quality Testing’, ‘Delivering Effective WASH Training (DEWT)’, ‘Water Safety Plan’, ‘Biosand Filter Project Implementation’, ‘Education Program Development’, ‘Social Behaviour Change Communication’, ‘Faecal Sludge Management’ and ‘Development of Information, Education and Communication (IEC) and Training Materials’. Training material kit/bag was also provided to the organization. Altogether, 17 staff members (6 female and 11 male) of CDC Nepal have been capacitated on various training packages.



Similarly, follow-up, mentoring and consultation support were also provided to use ENPHO Water Test Kit and P/A Vials. Additionally, one staff member also participated in learning exchange program organized by ENPHO Training Centre whereby the participants in the program mutually shared and learned experiences and gathered new knowledge and built network with other organizations.

Impact of Capacity Building Programs

The learning and knowledge received through the trainings and capacity building programs were best utilized during implementation of the project activities. The capacitated staff members could accelerate the WASH interventions in the community with better inclusion of gender, equity and social inclusion, social behavior change and WASH sustainability aspects. They could also effectively orient the community people on WASH resulting to improved WASH practices.

“I received the opportunity to participate in IEC and training materials development workshop. I can now develop the IEC materials required to conduct project activities. This workshop developed by skill and enhanced my confidence,” Mr. Shailesh Acharya, Program Manager at CDC Nepal shared. Those who received delivering effective WASH training said that their message delivery skill, knowledge and confidence were significantly improved. They could also further train 35 staff members.

CDC staff members are implementing the approaches and methodologies learned from the capacity building programs in order to ensure the sustainability of WASH services and facilities in community. This has further aided in active engagement of the community people in planning, team formation, capacity building programs and the implementation of the project activities. Furthermore, the climate resilient aspect was overlooked when they constructed water supply schemes in community. However, now, identification of possible hazards and resilience to natural calamities have been an inevitable aspects while constructing water supply schemes. Altogether, 28 such water supply schemes have been constructed in the community.



“I realized that I had little knowledge about water safety plan only after I received its training from ENPHO. Now I have understood its importance to ensure water quality. I will put my best effort to allocate the required budget and orient stakeholders and Water Supply Users’ Committee members to implement water safety plan and test water quality regularly.”

Mr. Chhatra Bahadur Tamang
Chairperson, Kispana Rural Municipality

Behavior change was one of the major challenges for the staff members of CDC Nepal. But the staff trained in social behavior change communication could effectively prepare and deliver triggering messages which considerably helped in bringing behavior change of the community, particularly in proper use of toilet and handwashing at critical times. Gender inclusiveness has been incorporated in the trainings conducted by CDC Nepal. The organization ensures 40 per cent of female participation in the trainings organized and at least one female member in decision making position of committees such as water supply users’ committee and sub-committee.

Conclusion

CDC Nepal is one of the committed organizations working in Nuwakot district of Nepal to bring positive changes in communities through resilient and sustainable WASH services. The capacity building programmes have aided not only to accelerate their work but also empowered to provide services on WASH which are effective, sustainable and resilient to natural calamities. Furthermore, the programmes considerably supported them to deliver the WASH messages effectively contributing to social behavior change.

About DECON Nepal

Established in December 1988, DECON Nepal is a non-governmental organization working in Nuwakot district of Nepal to build local capacity on identifying needs, utilizing local resources and finding solutions for overall development of the community. It is also the local implementing partner of ENPHO in Nuwakot. It has played a significant role in coordinating with relevant organizations and stakeholders to achieve the project goal, supporting in reconstruction and providing climate resilient WASH services in earthquake affected communities of the district.

Capacity Building Programmes for DECON Nepal

ENPHO Training Centre capacitated 24 staff members (13 female and 11 male) and 20 volunteers on 'Total Sanitation', 'Community Health Promotion', 'Water Quality Testing', 'Delivering Effective WASH Training', 'Latrine Project Implementation', 'Water Safety Plan', 'Biosand Filter Project Implementation', 'Education Programme Development', 'Social Behavior Change Communication', 'Faecal Sludge Management' and 'Development of IEC and Training Materials'. ENPHO Training Centre also provided training tool kit and IEC materials and manuals on WASH which included orientation manuals on 'Menstrual Hygiene Management', 'Community Nutrition Facilitation', 'Total Sanitation', 'Sensitizing Orientation Package' and 'WASH in School'.



Additionally, ENPHO Training Centre capacitated the staff members through post-follow up activities such as regular communication, observation, sharing learnings and challenges and providing feedback and suggestions. This supported in institutional development of the organization. Furthermore, ENPHO also supported to develop the contingency plan of the organization to act swiftly during and post emergency situations.

Impacts of Capacity Building Programs

"We worked tirelessly to improve WASH status of the community but we were not being able to change their behavior as we anticipated. Meanwhile, we received delivering effective WASH training from ENPHO. The training provided knowledge and skills in such a way that we could then actually deliver the messages and sensitize the community people resulting to adoption of hygienic behavior and improved sanitation practices." Ms. Deuti Darlami Magar, WASH Motivator at DECON Nepal shared. The result is visible in Kausini community of Tarkeshwor-3 of Nuwakot where the community people have maintained household sanitation, along with the improvement in animal shed management. More than 15 households in the community have now adopted improved sanitation. Moreover, trainings on IEC and training material development, education





program development and social behavior change communication have considerably supported to achieve behavior change in the community.

The skills and knowledge obtained by the staff members through capacity building programmes helped to speed up the WASH movement in the district. This, further, significantly aided in declaring Nuwakot as open defecation free district. The sensitization and awareness raising programmes have improved sanitation status of the community. People now properly use toilet, adopt water treatment options, practice handwashing, properly manage menstrual hygiene and maintain the environmental sanitation. They have even succeeded in regular tariff collection for operation and maintenance of seven water supply schemes constructed in Belkot, Bidur and Tarkeshwor of Nuwakot district.

Conclusion

DECON Nepal has been able to enhance its capacity to effectively implement the WASH projects and programmes and contribute in community development in Nuwakot.



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