

Workshop Outline

Cholera/ Acute Watery Diarrhea Preparedness Training

LENGTH: 4 days

WORKSHOP DESCRIPTION

With the monsoon season, cholera cases are observed in Kathmandu valley with the scope of spreading the disease in the densely populated area of Kathmandu valley. With the onset of cholera it is a threat to the public health of the valley. Mitigating onset of cholera is a part of preparedness plan while the main being making people aware about the disease itself and preventing the cases. To this, the way to mitigate the impact of cholera after the incidence is other vital aspect of controlling cholera.

In this workshop, along with cholera and epidemiology of cholera, link between WASH and cholera, means of prevention of cholera focusing on WASH behaviors or practices is highlighted. To this, delivery techniques of the key messages on cholera and simulation on how it is coordinated at time of emergency are also discussed in the package.

OBJECTIVES

General Objective:

- To enhance participants understanding on Cholera/AWD preparedness and response management and effective message delivery in community

Specific Objectives:

- To clear on role of WASH promotion on prevention and response of Cholera
- To clear on Cholera/AWD preparedness and response mechanism to partner staffs
- To enhance capacity of participants on effective message delivering.

METHODS OF INSTRUCTION

Participatory approaches are widely used to engage and actively involve everyone in the workshop. Effective learning often comes from shared experiences and participants learning from each other. Much of the workshop content is delivered through interactive presentations, group activities, discussions, scenarios and case studies. Active participant engagement in all learning activities is encouraged.

CONTENT

The following is a tentative list of the topics covered in the workshop material. A specific agenda will be developed for the training based on consultations with the organizer and participants.

Theory

- Basic concept on WASH and terminologies used in emergency related to cholera
- Concept on cholera, symptoms and complication of cholera
- Epidemiological triangle of cholera
- Sanitation and its linkage to cholera
- Water quality and multi barrier approach
- Pou options

- Maintaining hygiene through hand washing, sensitizing the importance of hand washing in the community along with the importance of food hygiene and how to maintain food hygiene in kitchen at household level
- Coordination in time of cholera
- Qualities of effective trainer for delivering the message
- 4 things learners need for effective learning
- Behavior change steps

Practical

- Demonstration of making 1% chlorine solution,
- Demonstration of hand washing techniques
- Presentation skills and practice delivery for the effective message delivery
- Simulation of the coordination among stakeholders in case of cholera outbreak

PARTICIPANTS

This workshop was developed targeting the consortium partner organizations of UNICEF working on WASH in Kathmandu valley. For the most effective workshop, a maximum of 20 participants is recommended so that everyone has the chance to fully participate in the training. Preferably, two to five people from each organization would attend to ensure that they learn together and benefit most from the workshop.

For Further Detail

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