

Training Outline

Total Sanitation (SWASTHA Approach)

LENGTH: 3 days

TRAINING DESCRIPTION

This training is especially designed targeting total sanitation in a community. Based up on the 'Total Sanitation Guideline' activities to focus on after the attainment of the open defecation is anchored in the training. Before the total sanitation guideline, with the whim of attaining open defecation, the focus was shifted to constructing latrine only, the quantitative goal. However, this training focuses on more detail on WASH and moving forward to achieve safe water, improved sanitation and proper hygiene and sustaining it.

OBJECTIVES

Upon completion of the training participants will be able to:

- Understand total sanitation and its components, plan and policies related to WASH and total sanitation
- Discuss the sanitation system as a whole including the proper use of latrine, management of fecal sludge and waste management
- Acquire knowledge regarding water conservation, water quality and choosing appropriate household water treatment option along with the water safety plan and its importance
- Make informed decision regarding their WASH practice and implementing WASH behavior in communities
- Know more on sanitation, environmental sanitation and sustaining the achieved sanitation in the community.

PARTICIPANTS

The training is oriented towards participants who are:

- Planner and implementer of WASH related project in the community.
- Engaged in field level activities related to water, sanitation and hygiene, community development, or health projects and looking for upgrade knowledge and understanding level
- Motivated to work with households in developing countries to provide safe water, improved sanitation and proper hygiene
- Currently implementing community oriented WASH projects and motivated to expand, improve or strengthen their projects
- Community leaders and community health promoters/workers who inform and educate households on WASH and behavior change

Participants may be:

- Decision makers who are planning or considering WASH or total sanitation projects
- Non-governmental organizations (NGO), international NGOs, government agencies, or individuals considering best way to deliver safe water, sanitation and hygiene to a community

This is an intermediate level training where participants will be able to gain knowledge and information on various techniques to attain total sanitation in a community. Participants will observe demonstrations and practice using various methods. However, this training is not intended to provide full training on the construction of each technology or implementation of projects on particular aspects.

METHODS OF INSTRUCTION

This participatory style training includes theory, classroom exercises, open discussion, demonstrations, and hands-on practice in the training. Active participant engagement in learning activities is highly encouraged.

CONTENT

The following is a list of the topics to be covered in the Training.

- Intro to total sanitation
- WASH policy and plan
- Sanitation system and latrine use
- Fecal sludge management
- Waste management
- Water conservation
- Water quality
- Point of Use options
- Water safety plan
- Hygiene
- Indoor air pollution
- Environmental sanitation
- Sustainable total sanitation
- Qualities of an effective trainer
- Barrier to change
- Behavior change
- Tips on presentation skills

For Further Detail

Training Centre

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