

Workshop Outline

Community Nutrition Facilitator

LENGTH: 2 days

WORKSHOP DESCRIPTION

This workshop is developed to enhance the capacity, knowledge and skills, of Community Nutrition Facilitator (CNF) on WASH and Nutrition. The main focus of the workshop is the linkage between WASH and nutrition including the knowledge on WASH and Nutrition. Also, the workshop deals with roles and responsibilities, major activities to be performed by Community Nutrition Facilitator.

OBJECTIVES

The main objectives of this training are:

- To enhance the capacity of Community Nutrition Facilitator in WASH and Nutrition
- To identify the roles and responsibilities of CNF for disseminating WASH and Nutrition in community

PARTICIPANTS

The workshop is oriented towards participants who are:

- Working as Community Nutrition Facilitator
- Working in WASH and Nutrition
- Social Mobilizer

This is a basic level workshop where participants will be able to gain knowledge and information on WASH and nutrition. Participants will observe demonstrations and practice using various methods. However, this workshop is not intended to provide full training on the construction of each technology or implementation of projects on particular aspects

METHODS OF INSTRUCTION

In this training, participatory approaches are applied to ensure safe learning environment and emphasis adult learning style. Participatory style workshop includes theory, classroom exercises, open group discussion, demonstrations, role play, icebreakers, energizers etc. Active engagement of the participants in learning activities is highly encouraged.

CONTENT

The following is a list of the topics to be covered in the Workshop.

- Relationship between WASH and Nutrition
- Basic activities on WASH activities
- Access to latrine
- Safe disposal of babies feces
- Regular use of latrine and sanitation
- Use of safe water
- Critical times of Hand washing
- Menstrual Hygiene Management
- Indoor Air Pollution
- Roles and Responsibilities of CNF
- Major activities to performed by CNF

For Further Detail

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